

# Beaver Falls Middle School

## April 2017 Lunch Menu

Food Service Director: Yvette Jester  
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### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

*\*Students must choose at least one fruit or vegetable*

### Fresh Fruits and Vegetables Offered Daily

**\*Vegetables include:**  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucumber  
**\*May choose two 1/2 cup servings**

**\*Fruits include:**  
 Sliced Apples  
 Sliced Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Pears  
 Applesauce  
**\*May choose 1/2 cup serving**

**MENUS SUBJECT TO CHANGE**




A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!



### Milk Choices Offered Daily

1% white, non-fat white, non-fat flavored

Adult Lunch 3.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4/3 Cheeseburger On Bun Coleslaw Chilled Applesauce Milk Choice	4/4 Two Chicken Soft Tacos w/ Corn Salsa Refried Beans Chilled Pineapple Tidbits Milk Choice	4/5 Fish Sandwich Sweet Potato Fries Chilled Pears Milk Choice	4/6 <b>Easter Lunch</b> Baked Ham Scalloped Potatoes Dinner Roll Chilled Peaches Milk Choice Apple Crisp	4/7 French Bread Pizza Tossed Romaine Salad Chilled Pears Milk Choice
	4/10 Grilled Chicken Sandwich w/ Lettuce, Tomato & Pickle Steamed Broccoli Chilled Peaches Milk Choice	4/11 Chili Cheese Dog Seasoned Fries Chilled Applesauce Milk Choice	4/12 No School Spring Break	4/13 No School Spring Break	4/14 No School Spring Break
	4/17 No School Spring Break	4/18 Mexican Pizza Steamed Corn Chilled Peaches Milk Choice	4/19 Buffalo Chicken Dippers Fresh Carrots w/ Dip Chilled Applesauce Milk Choice	4/2 Pulled Pork Sandwich Baked Beans Chilled Pears Milk Choice Sugar Cookie	4/21 Corn Dog Cheesy Broccoli Chilled Pears Milk Choice
	4/24 Grilled Chicken Salad w/ Croutons Baked Fries Sliced Apples Milk Choice	4/25 Chicken Parmesan Sandwich Steamed Green Beans Chilled Pears Milk Choice	4/26 Vegetable Lasagna Steamed Broccoli Chilled Peaches Milk Choice 	4/27 Two Beef Tacos w/ Salsa Refried Beans Chilled Pineapple Tidbits Milk Choice	4/28 Fish Sticks Whole Grain Bread Slice Sweet Potatoes Chilled Applesauce Milk Choice
					The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
Monday:	Hamburger On Bun	Tuesday:	Hot Ham & Cheese Sandwich	Wednesday:	Corn Dog
				Thursday:	Chicken Sandwich
				Friday:	Cheese Pizza