


Beaver Falls Middle School

March 2017 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Whole Grains Available Daily</p> <p>MENUS SUBJECT TO CHANGE</p>		3/1 Pro Balls OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/2 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/3 Mini French Toast OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
3/6 Warm Bagel w/ Cream Cheese OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/7 Cinnamon Roll OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/8 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/9 French Toast OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/10 Egg & Cheese Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
3/13 Orange Muffin OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/14 Chicken Breakfast Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/15 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/16 Egg & Sausage Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/17 No School
3/20 Cinnamon Roll OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/21 Egg Taco OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/22 Warm Bagel w/ Cream Cheese OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/23 Monte Cristo Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/24 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
3/27 Cinnamon Roll OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/28 2 Hour Delay	3/29 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/30 French Toast Sticks OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	3/31 Pancake On A Stick OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle School Alternate Options May Include:

Assorted Muffins Blueberry Muffins

Chocolate Chip Oatmeal Breakfast Bar

Warm Grab & Go Breakfast Sandwiches

Fortified Breakfast Pastries

Warm Bagels

Yogurt

Variety of Fresh Fruit, 100% Fruit Juice and

Canned Fruits available daily.



Milk Choices Offered Daily
 Fat Free Chocolate, Fat Free Strawberry,



Breakfast is FREE to ALL students

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