


# Beaver Falls Head Start April 2017 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/3 Chocolate Muffin OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/4 Banana Pancakes OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/5 Egg Taco OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/6 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/7 Mini French Toast OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
4/10 Warm Cinnamon Raisin Bagel w/ Cream Cheese OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/11 Cinnamon Roll OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/12 No School Spring Break	4/13 No School Spring Break	4/14 No School Spring Break
4/17 No School Spring Break	4/18 Chicken Breakfast Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/19 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/20 Egg & Cheese Sandwich OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/21 Yogurt w/ Belly Bears OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
4/24 Pancake On A Stick OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/25 Egg Taco OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/26 Warm Bagel w/ Cream Cheese OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/27 Mini Waffles OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk	4/28 Breakfast Pizza OR Assorted Whole Grain Cereal with Graham Crackers Chilled Juice or Fruit Low Fat Milk
				 <b>Whole Grains Available Daily</b>  <b>MENUS SUBJECT TO CHANGE</b>

## What Makes a Breakfast Meal?

**BREAKFAST INCLUDES:**

**3/4 CUP MILK  
1/2 SERVING GRAIN  
1/2 CUP FRUIT  
OR VEGETABLE**



**Milk Choices Offered Daily**  
Fat Free Chocolate, Fat Free Strawberry,

**Proud to manage your food service program**



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